

Are you thinking of Studying Kinesiology?

Kinesiology can be a life long journey of study into all aspects of wellbeing, and you need to start with good foundations.

At the NK Institute we have an excellent training program from beginner to advanced, which has been developed over the 15 years of international course delivery. We have Trainers in various locations including: Brisbane, Murwillumbah (20mins sth of the Gold Coast), Rockhampton, Melbourne and Perth.

Firstly how committed are you right now?

A: A little, I want to know what it's all about?

We would suggest that you begin with the Foundations of Kinesiology Course. You will gain excellent techniques into working with the Chinese Meridian system, basic chakra balancing and their imbalanced behavioural states and techniques for working with various areas of the brain that control conscious thought, emotional reactions and autonomic processes.

A: I know kinesiology is powerful and I want to add it to my existing repertoire or facilitate basic sessions for others?

We would suggest you embark on the 1 year Kinesiology Basic Practitioner training program. This gives a high level of diversity to be able to use the Chinese 5 element and meridian system, along with more in-depth Chakra analysis with links to their archetypal relationships and gland associations and physiology. We also have profound techniques for working with the survival emotion pathways of the brain.

A: I am ready to commit to becoming a Specialised Practitioner

We would suggest you enroll in the Diploma of Kinesiology HLT52415. We cover the entire neuro-emotional pathways involved in basic living, the minor and celestial chakras, hormone, immune system and more. You will leave with the experience to work on many different conditions happening in the physiology but also psychospiritual aspects.

Each of our more involved courses build upon the same underlying structure. As you get more specialized the level of assessment increases to ensure you are proficient. For all our students we will support them after the first year of study to obtain Professional Kinesiology Practitioner status with the AKA so you can start working with clients.

We can help you make this decision when you are ready for a chat please call us on 0427 102 346, or e-mail admin@nk institute.com

Once you have completed your Diploma of Kinesiology HLT52415 the NK Institute offer one of 2 Advanced Diploma courses in kinesiology and the only Graduate Certificate.