

2021 Melbourne Dates for Kinesiology Training – March Intake

Dates	Workshop	Cost	Online/In-person*	Online Time
March 20 & 21	Principles of Kinesiology 1	\$400	9:30am– 3:30/5:30pm	
March 31	Online Prac Night			7 pm – 9pm**
April 10 & 11	Principles of Kinesiology 2	\$400	9:30am– 3:30/5:30pm	
April 21	Online Prac Night			7 pm – 9pm**
April 24	Face-to-Face Prac		9:30am – 5:30pm	
May 15 & 16	Principles of Kinesiology 3	\$400	9:30am– 3:30/5:30pm	
May 26	Online Prac Night			7 pm – 9pm**
June 5 & 6	Principles of Kinesiology 4	\$400	9:30am– 3:30/5:30pm	
June 16	Online Prac Night			7 pm – 9pm**
June 19 (and/or 20)	Face-to-Face Prac		9:30am – 5:30pm	
July 10 & 11	Brain Formatting	\$400	9:30am– 3:30/5:30pm	
July 21	Online Prac Night			7 pm – 9pm**
July 31 & Aug 1	Chakra Metaphors	\$400	9:30am– 3:30/5:30pm	
August 11	Online Prac Night			7 pm – 9pm**
August 14	Face-to-Face Prac		9:30am – 5:30pm	
September 11 & 12	Physiology Formatting	\$400	9:30am– 3:30/5:30pm	
September 22	Online Prac Night			7 pm – 9pm**
October 2 & 3	Balancing the 5 Elements	\$400	9:30am– 3:30/5:30pm	
October 13	Online Prac Night			7 pm – 9pm**
Oct 23 (and/or 24)	Face-to-Face Prac		9:30am – 5:30pm	
Nov 13 & 14	Competency Assessment		9:30am – 5:30pm	
Nov 25 – 28	Neuro-Emotional Pathways 1	\$800	9:30am - 5:30pm	
Feb 2022 TBC	Chakra Hologram 1	\$800	9:30am - 5:30pm	

NB. These dates are based on the assumption that there will be continued covid restrictions on onsite adult learning so the theory will be delivered via online workshops and prac only held in person when approved. Dates are subject to change.

- * If covid restrictions prevent onsite adult learning then the Kinesiology Workshops will be online and cover the entire theory for each workshop (2/3rds of learner material), finishing around 3:30pm
- The remaining 1/3rd relates to practical skills which will be practised under supervision during **Face-to-Face practice** sessions. Dates will be postponed if in lockdown or considered unsafe to practise in person.
- If workshops can be held face-to-face onsite then the hours will be 9:30am to 5:30pm

Online Night Practicals: 7:00pm – 9:00pm (Wednesday night) ** Time may be adjusted according to student numbers

- Students will be expected to practise skills between sessions and use online practice sessions to demonstrate and embed the skills taught during the workshop
- In the case that workshops can be held face-to-face in full then the online prac nights will be cancelled and replaced by face-to-face all-day practicals
- Attendance to a minimum of 80% of supervised practice is a requirement of the Cert IV

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